

your

EXCELERANT LEADERSHIP COACHING EXPERIENCE

GAIN AWARENESS
EXPLORE POSSIBILITIES
DEVELOP STRENGTHS
& ACHIEVE GOALS

Excelerant Coaching is right for you if...

- ☐ You are currently a leader
- ☐ You are focused on continued success in your current leadership position
- ☐ You are seeking next level leadership skills for a desired future position
- ☐ You want to enhance your work relationships
- ☐ You want to improve your ability to communicate
- ☐ You want to work more collaboratively with others
- ☐ You want to be a better leader
- ☐ You want a greater ability to utilize leadership strengths to achieve goals

your **Excelerant Leadership** **Coaching Experience** *involves...*

GAINING AWARENESS

- A greater awareness of how others perceive you as a leader
- The realization of your natural talents
- Identification of specific goals, challenges and opportunities

EXPLORING POSSIBILITIES

- Exploring challenges to the achievement of goals
- Reflecting on how your success is impacted by your thoughts, communication and actions
- Identifying and realizing possible solutions and actions

DEVELOPING STRENGTHS & ACHIEVING GOALS

- Identifying new practices to become a more effective leader
- Committing to new actions
- Practicing new actions

You should expect that...

In each session, your Excelerant Coach will **engage with you in questioning conversation** about one or more of your goals, challenges and opportunities. Your Excelerant Coach will **not advise or tell you what to do** but rather ask questions to facilitate your own decisions toward the achievement of your desired goals.

Your Excelerant Coach will be **completely present, listen fully, and keep your well-being as top priority.**

The content of your **coaching sessions are confidential** except that your Excelerant Coach will **communicate with your manager** regarding your development expectations and progress (i.e. goals set, progress made, your level of engagement and participation).

Your Excelerant Coaching sessions are **not counseling sessions** and do not provide diagnosis.



EXCELERANT
For the people side of your business.